

# 7 Reasons to Travel with One Bag

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by Judy Li

The next time you travel, rather than shoving nearly everything you own into ten pieces of luggage and hauling them around, try packing light. Not only will it help you keep costs down while flying, it will improve your physical well-being and make your trip far less stressful. Keep your mind and bags light by travelling with one piece of carry-on luggage on your next vacation. Look below for the seven reasons to travel with one bag.

The Top 7 Reasons:

1. Save money. Most airlines charge money for checking bags. If you travel with one bag you can avoid having to pay for more than your plane ticket. Simply take your bag as a carry-on, and avoid the hassle of checking bags all together.

2. Lighten your load. Lugging multiple bags through the airport, in and out of the car, and into the hotel is a hassle. Pack your belongings into a backpack or a rolling suitcase so you can evenly distribute the weight in your bag and carry it easily, as opposed to pulling at two or three different bags at once.

3. Avoid long lines. Checking your bags at the airport almost always involves waiting in a long line. If you have only one bag, you get to bypass the line. It's like having your own private VIP pass.

4. Stop worrying about losing your luggage. The more bags you check, the greater the chance that one of them will get lost. If you have only one bag, you can keep it with you at all times.

5. Packing to return home takes less time. Instead of running around the hotel, wondering if you've forgotten anything, relax and take your time because you only have one bag to worry about.

6. Explore before checking into the hotel. With bags bogging you down it's hard to do any sightseeing. Instead, pack light and enjoy the day, even before check-in time.

7. Forget about the stuff and enjoy the trip. With your mind focused on all the things you brought and how to use them, you'll have a harder time enjoying the new environment around you. Pack a few simple items, and instead of worrying about what to wear every day, repeat outfits as much as possible and keep it simple. You'll enjoy your vacation more when you think about your personal belongings less.

Tip: Purchase a versatile bag with a garment bag included, so you can pack formal clothing as well as casual wear

## 7大理由旅行带一个包

由朱迪·李

当您下一次旅行，而不是推搡你拥有几乎一切为十件行李和牵引他们周围，尽量轻装上阵。它不仅将帮助您降低成本而飞，它会提高你的身体健康，让您的旅行远远压力较小。保持你的头脑和包包的光通过一块随身携带的行李在您的下一个假期旅行。看看下面的七个理由与一个袋子旅行。

前7原因：

- 1，省钱。大多数航空公司收取的钱用于检查行李。如果你有一个袋子旅行，你可以不必付出超过你的机票。随便拿你的包作为一个随身携带的，并避免托运行李都在一起的麻烦。
- 2，减轻你的负担。通过机场拖着多袋，并下了车，进了酒店是一个麻烦。收拾好你的随身物品到背包或拉杆箱，因此您可以均匀分配重量在你的包，轻松地随身携带它，而不是在两个或三个不同的袋子拉一次。
- 3，避免排长队。检查您的行李在机场几乎总是涉及排起了长队。如果你只有一个包，你能绕过线。这就像拥有自己的私人贵宾通行证。
- 4，别担心失去你的行李。越多袋你检查，更大的机会，他们中的一个会迷路。如果你只有一个包，你可以在任何时候与你保持它。
- 5，包装回家花费较少的时间。取而代之的是酒店周围跑，想知道如果你忘记任何事情，放松心情，把你的时间，因为你只有一个袋子担心。
- 6，登记入住酒店之前探索。袋市场影响你失望很难做任何观光。相反，轻装，享受一天，甚至前检查时间。
- 7，忘掉的东西，享受旅行。用你的头脑集中于你带来的东西，以及如何使用它们，你将有一个更难的时间享受你周围的新环境。收拾了一些简单的项目，而不是担心每天穿什么衣服，重复，尽可能的服装和保持它的简单和。您可以享受您的假期更多的时候你想想你的个人物品较少。

提示：购买一个多功能袋，服装袋在内，这样你就可以收拾正式服装以及休闲服装

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